

How to print this booklet

Open the PDF, choose Print, and set these:

Paper size	US Letter (8.5 × 11 in)
Orientation	Landscape
Print on both sides	On (two-sided / duplex)
Flip on	Short edge
Scale	100% / Actual size — not “Fit to page”
Pages	All

THEN

1. Take the whole stack out of the printer. Keep the sheets in order.
2. Fold the stack in half, so this page is on the outside.
3. Staple twice along the fold.



Make another at didtheyreallyread.com

Reading Journal

My thoughts, chapter by chapter

Reader:

Book Title:

Fight or Flight

Author:

Jeff Kinney

Date Started:

Date Finished:

Keep reading. Keep wondering.
Created by didtheyreallyread.com

How to Answer

Your answer does not have to be perfect. Just answer in complete thoughts and use details from the chapter.

How to structure your answer

A strong answer usually has a few parts. Try these steps:

- 1. **Answer the question.** Start with one sentence that answers the question directly.
- 2. **Give an example.** Add a detail or moment from the chapter that shows what you mean.
- 3. **Explain why.** Tell why it mattered, or how it made you think or feel.
- 4. **Wrap it up.** Finish with a closing thought, a question, or a prediction.

Based on a clue in this chapter, what do you predict will happen next? Explain how the clue supports your prediction.

Example answer: If a character avoided talking about a problem, I would predict that the problem might get harder to solve. Keeping quiet could stop other people from helping. I would use the character's words or actions as clues for my prediction. I would also remember that a prediction can change when I learn more.

Chapter 12

What lesson could a reader take from this chapter? Explain how a character's actions or an event support that lesson.

New word I learned:

What do you think it means?

Chapter 11

Find a word or phrase that helps you picture a moment in this chapter. What image does it create, and why is it more effective than a plain description?

New word I learned:

What do you think it means?

How to Answer (continued)

Choose an unfamiliar or interesting word from this chapter. What do you think it means, and how do the nearby words help you figure it out?

Example answer: If I found the word 'reluctant,' I would look for clues about how the character acts. If the character paused or tried to avoid doing something, I would think it meant not wanting to do it. Those actions would help me understand the word without guessing from its spelling. I would check whether that meaning makes sense in the sentence.

What lesson could a reader take from this chapter? Explain how a character's actions or an event support that lesson.

Example answer: If a character kept trying after a mistake, I might take away the lesson that mistakes can help us learn. I would look for something the character did differently on the next try. That change would show learning more clearly than simply trying the same thing again. To me, the lesson would be about improving, not being perfect.

Chapter 1

What is the most important event in this chapter?
Explain what happens and why it matters to the story so far.

New word I learned:

What do you think it means?

Chapter 10

What question are you hoping the next chapter will answer? Explain what happened in this chapter to make you wonder about it.

New word I learned:

What do you think it means?

Chapter 9

How do two characters treat each other in this chapter? Explain what their words or actions show about their relationship.

New word I learned:

What do you think it means?

Chapter 2

Which choice in this chapter helps you understand a character better? Explain what that choice shows about the character.

New word I learned:

What do you think it means?

Chapter 3

Based on a clue in this chapter, what do you predict will happen next? Explain how the clue supports your prediction.

New word I learned:

What do you think it means?

Chapter 8

What problem does a character face in this chapter, and how does the character respond? Explain whether that response helps or makes things harder.

New word I learned:

What do you think it means?

Chapter 7

How does the place or time in this chapter affect what happens? Describe a detail about the setting that supports your answer.

New word I learned:

What do you think it means?

Chapter 4

Choose an unfamiliar or interesting word from this chapter. What do you think it means, and how do the nearby words help you figure it out?

New word I learned:

What do you think it means?

Chapter 5

What does this chapter suggest about being a good friend, facing a challenge, or making a fair choice? Use a detail from the chapter to explain your idea.

New word I learned:

What do you think it means?

Chapter 6

Which part of this chapter did you find most interesting, surprising, or confusing? Explain your reaction using a detail from the text.

New word I learned:

What do you think it means?
