

How to print this booklet

Open the PDF, choose Print, and set these:

Paper size	US Letter (8.5 × 11 in)
Orientation	Landscape
Print on both sides	On (two-sided / duplex)
Flip on	Short edge
Scale	100% / Actual size — not “Fit to page”
Pages	All

THEN

1. Take the whole stack out of the printer. Keep the sheets in order.
2. Fold the stack in half, so this page is on the outside.
3. Staple twice along the fold.



Make another at didtheyreallyread.com

Reading Journal

My thoughts, chapter by chapter

Reader:

Book Title:

Survival Guide for Making and Being Friends

Author:

James J. Crist

Date Started:

Date Finished:

Keep reading. Keep wondering.
Created by didtheyreallyread.com

How to Answer

Your answer does not have to be perfect. Just answer in complete thoughts and use details from the chapter.

How to structure your answer

A strong answer usually has a few parts. Try these steps:

1. **Answer the question.** Start with one sentence that answers the question directly.
2. **Give an example.** Add a detail or moment from the chapter that shows what you mean.
3. **Explain why.** Tell why it mattered, or how it made you think or feel.
4. **Wrap it up.** Finish with a closing thought, a question, or a prediction.

How does the author explain what it means to be a good listener when you are talking with a friend?

Example answer: I think the author explains that being a good listener means giving the other person your attention. I would show this by looking at my friend, not interrupting, and asking questions about what they said. A good listener does not just wait for their turn to talk. They try to understand how the other person feels.

How to Answer (continued)

What kind of person makes a trustworthy friend, based on this chapter? Give examples of actions that show trust.

Example answer: A trustworthy friend is someone who keeps promises and does not share private things with other people. For example, if I tell a friend something embarrassing, they should not tell the whole class. A trustworthy friend also tells the truth, even when it is hard. That makes people feel safe in the friendship.

What is the most helpful idea from the book that you want to remember about making or keeping friends? Why does it stand out to you?

Example answer: The most helpful idea I want to remember is that friendships take practice and effort. This stands out to me because people are not perfect friends all the time. If I make a mistake, I can apologize and try to do better. I also learned that being kind and being myself are both important.

Chapter 1

What does this chapter teach about why friendships are important in a person's life?

New word I learned:

What do you think it means?

Chapter 10

What is the most helpful idea from the book that you want to remember about making or keeping friends? Why does it stand out to you?

New word I learned:

What do you think it means?

Chapter 9

After reading this chapter, what do you predict would happen if someone tried to change everything about themselves just to be liked?

New word I learned:

What do you think it means?

Chapter 2

What is one tip from this chapter for meeting new people, and how could you try it at school or in your neighborhood?

New word I learned:

What do you think it means?

Chapter 3

How does the author explain what it means to be a good listener when you are talking with a friend?

New word I learned:

What do you think it means?

Chapter 8

What lesson does this chapter teach about handling teasing, bullying, or mean behavior?

New word I learned:

What do you think it means?

Chapter 7

What kind of person makes a trustworthy friend, based on this chapter? Give examples of actions that show trust.

New word I learned:

What do you think it means?

Chapter 4

Which friendship skill in this chapter do you think would be easiest for you to use, and which would be hardest? Explain why.

New word I learned:

What do you think it means?

Chapter 5

What does this chapter say about dealing with shyness or nervous feelings when trying to make friends?

New word I learned:

What do you think it means?

Chapter 6

Think about a friendship problem described in this chapter. What steps could someone take to solve it in a fair way?

New word I learned:

What do you think it means?
